



Becoming an Outdoors-Woman Fairbanks BOW BLITZ, August 6 & 7, 2022

AK Department of Fish and Game-Fairbanks, Alaska

Becoming an Outdoors-Woman events focus on learning outdoor skills. Blitz activities are balanced between hunting & shooting, fishing, and other outdoor activities. Events are designed primarily for women and are learning opportunities for anyone 18 years of age or older.

This program is for you if...

- You have never tried one of these activities but have hoped for an opportunity to learn.
- You are a beginner who wants to improve your skills.
- You know how to do some of these activities but would like to try your hand at new ones.
- You enjoy the camaraderie of like-minded individuals.

Tentative Agenda

Saturday, August 6th

- 7:00 am - 8:30 am Check in
- 8:30am Welcome & Intros
- 9:00 am - 12:00 pm Session I

- Archery 101
- Bird Watching 101
- Chainsaw
- Lake Fishing 101
- Intro to Rifle & Firearm Safety
- Plants of the Boreal Forest
- Survival 101

Saturday, August 6th

- 12:00 pm - 1:00 pm Lunch Break
- 1:00 pm - 4:00 pm Session II

- Archery 101
- Backpacking 101
- Bear Safety
- Big Game Hunting
- Caribou on a Budget
- Upland Bird Hunting
- River Fishing 101
- Wildlife Tracking
- Water Safety-Pack Raft & Canoe

Sunday, August 7th

- 8:00 am - 8:30 am Check in
- 9:00 am - 12:00 pm Session III

- Chainsaw
- Caribou on a Budget
- Dutch Oven
- Fly Fishing 101
- Intro to Rifle and Firearm Safety
- Plants of the Boreal Forest
- Wild Game Cooking
- Water Safety-Pack raft & Canoe
- TBD

- 12:00 pm - 1:00 pm Lunch from Dutch Oven Cooking & Wild Game Cooking
- 1:00 pm Closing Remarks

Program Sponsors

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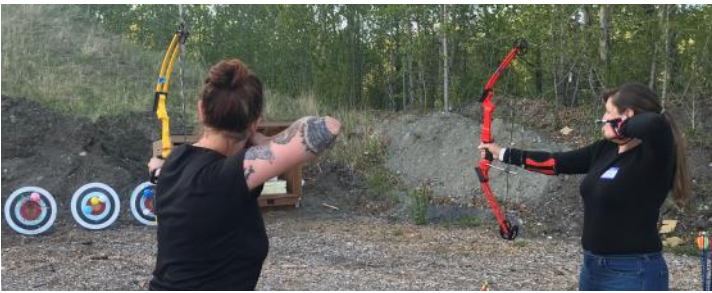
Ducks Unlimited

Blitz Notes

- **Cancellation Policy: Read Carefully!** When you submit your registration form you are agreeing to these terms!
 - Cancellations made more than 15 days prior to the event shall receive a full refund minus a \$25 processing fee.
 - Cancellations made 5 – 15 days prior to the event will be refunded 50% of the event fee.
 - Cancellations made 4 days or less prior to the event will not be refunded, unless we can fill your space.
 - You may transfer your registration upon approval of the event coordinator. dfg.dwc.interiorbow@alaska.gov
- **Registration, Confirmation & Payment Process:** Online registrations will be processed in the order received starting July 5th at 12:00pm. Within 24 hours from the time of submission of your registration you will receive an email indicating that your submission was received and a payment link or that you were waitlisted. There are 80 spots available. Payment is due by July 14th. **On July 15th** we will send you an email with your class list, a list of what to bring, driving directions, and carpool listings. ****Please note, your credit card statement will show a charge from the Outdoor Heritage Foundation of Alaska (OHFA).***
- **Equipment:** All equipment will be provided unless otherwise noted in the course descriptions. **PLEASE DO NOT BRING PERSONAL FIREARMS, AMMUNITION, ARROWS OR KNIVES.** Please see “What to Bring” for personal gear information.
- **Fishing Licenses:** Fishing classes require a valid 2022 Alaska Sport Fishing license. You must bring your license with you.
- **Medical Conditions:** If you have any medical conditions that may limit your ability to participate in these activities, or are pregnant, please consult your physician prior to registration.
- **Pets:** Pets are **NOT** permitted.
- **Smoking & Drinking:** Fish and Game is a smoke-free facility and alcohol is prohibited. Smoking is only permitted in designated locations.
- **Special Needs:** If you have any special needs, including dietary requirements or special needs that require assistance please indicate this on the registration form. We will try to accommodate your needs.
- **What to Bring:** Classes are outdoors and hands on. For your safety and comfort it is important for you to bring appropriate clothing. Be prepared to dress in layers, including:
 - Rain Jackets
 - Hiking shoes or boots
 - Water proof items (in case of rain)
 - Lunch for Saturday
- **Event Fee:** \$125, this includes instruction in all sessions, program materials, equipment use, and one meal (Sunday lunch).
- **Event Funding:** The BOW Program is made possible by the cooperative efforts of the Alaska Department of Fish & Game (ADFG) and their official foundation the Outdoor Heritage Foundation of Alaska (OHFA). OHFA is a nonprofit organization dedicated to education in hunting and fishing. OHFA is supported by donations from individuals, companies, and organizations with an interest in sharing their enthusiasm for outdoor activities. www.ohfak.org

Workshop Class Descriptions

Archery – How do you hold a bow? What is a nock? Can you really hit that target? Absolutely! You will be shooting Genesis, Compound and recurve bows successfully after learning about archery equipment and proper techniques. Class is held outdoors, ability to walk on uneven terrain for 10-15 mins required.



Backpacking 101— Ever wanted to start hiking but unsure about what you need? This class will cover, planning your trip, from getting in shape to picking a route and identifying a safety plan. What pack to choose and how to pack it as well as choosing your campsite, setting up tents and crossing creeks! Class will be held inside and outside.

Bear Safety— Learn how to avoid negative encounters with bears, how to interact during a bear encounter, identifying species, evolution & behaviors of bears. This class will be held inside and outside.

Big Game Hunting—Interested in big game hunting in Alaska but not sure where to start? In this class you will learn about choosing a firearm & cartridge, sighting in your firearm, shot placement & anatomy, preparing for the hunt, regulations and more! This class will be held inside.

Bird Watching 101— Learn all about different birds found in interior Alaska with the science educators from the Alaska Songbird Institute! Information will include: birding 101, picking the right binoculars, apps and guides, identification of species, research, banding and more. Participants will go on a short walk and get to join staff to check mist nets for birds. Class is held indoors and outdoors.

Caribou on a Budget— Did you draw a caribou tag this year, or just interested in hunting them? Learn all about locations to hunt, access, budget friendly transportation ideas, what gear to bring, meat care, regulations and more! Class is held indoors and outdoors.

Chainsaw - Learn about chainsaws, safety equipment, and proper techniques needed to safely operate a chainsaw. Learn basic chainsaw maintenance, how to limb trees, cut logs, and stack firewood. Class is held outdoors. Ability to walk 10 mins to class location required.

Dutch Oven - Add the finest in outdoor cuisine to the table in your great Alaskan adventures! Learn to use a Dutch Oven so you are able to cook incredible meals in Alaska's great outdoors. Imagine the aroma of scratch biscuits, fresh bread, and cinnamon rolls wafting thru your campsite. Expand your family's favorite camp meals to include lasagna, salmon pot pie, roasts, sour cream enchiladas, and much more. Top it all off with: pineapple upside down cake, pecan pie, or German chocolate upside down cake! Tasting required! Class is held outdoors.

Fly Fishing 101 – Introduction to the fundamentals of fly fishing, feeding habits of freshwater fish, how a fly rod works, knots and rigging, fly selection, landing fish, regulations and essentials of the cast. Oh-and fishing! Class is held outdoors.

Intro to Rifle & Firearm Safety - Learn the about firearm safety, the parts and safe operation of a bolt-action rifle, ammunition components and basic marksmanship skills! Will be shooting in an indoor range – those pregnant or breast feeding should consult their doctor first. Class is held indoors.

Lake Fishing 101— For those interested in checking out your nearby lakes! Learn to use an open faced spinning reel, selecting appropriate lures, rigging up, casting, catching and releasing fish, regulations and fishing! Class is held outdoors.

Plants of the Boreal Forest—Vegetation is the most visible part of our environment. Learn to identify the plants that surround you every day. Learn the major trees, shrubs, and ground cover plants of the boreal forest. We will also discuss their relationship to wildlife habitat, edibility, and other uses as well. Be prepared to spend several hours hiking through varied terrain and habitat. Ability to walk for 10-15 at a time required.

River Fishing 101— Alaska is home to many rivers. Learn the techniques needed to fish moving water including: overview of gear and tackle set ups, fishing for arctic grayling, catch and release, regulations and more! Class is held outdoors.

Survival 101— This class will give you the basic understanding of how to go safely into the outdoors and survive if things go awry. You will learn about what equipment to bring, how to use it effectively, decision making, situation assessment and basic skills with a map & compass. This class will be held outdoors.

Upland Bird Hunting— This class will cover information about upland bird hunting with dogs, bird hunting regulations, bird habitat and behavior and more! Class held outdoors.

Water Safety-Pack Raft/Canoe—Different boats for different floats— Learn the basics of paddling both canoes and pack rafts safely, getting in and out of the boats, paddling and steering techniques, gear and cold water safety.



Taste of the Wild— You have collected your bounty of delicious Alaskan wild fish and game but you don't know what to cook for dinner. Let our instructors inspire you with practical, affordable, healthy delights. Share recipes for cooking game birds, seafood, big game, and other local fare. Tasting required! Class is held indoors.

Wildlife Tracking— Learn who left those tracks! Spend the class identifying wildlife tracks, learning about gaits, scat, browse, and other sign left by creatures big and small. Classroom and field activities. Ability to walk over uneven terrain for a sustained amount of time. Bring a notebook and writing implements.