

WORKSHOP CLASS DESCRIPTIONS, ALPHABETICAL

1. **ALPACKA PACKRAFTS** ~ were designed in Alaska for rugged wilderness travel. They are lightweight; only 5 1/2 pounds and are the size of a large compression sack. They can also be used for fishing or exploring lakes on the side of the road while car camping. We will be sharing what to take on a weekend trip, and then hike about a mile and half along Cowee Creek. You'll learn how to blow up the rafts, paddling skills, river safety and then paddle back to camp. Wear boots and dress for the outdoors. (*\$25 additional fee*)
2. **ARCHERY** ~ Bow and arrow basics, shooting at an outdoor range using light compound bows. Safety and skill will be taught, and all materials supplied. Dress for the outdoors.
3. **CAMPING LIGHT** ~ With some knowledge and the right gear, you can live outdoors and enjoy it! Class covers gear, water, food, bugs and safety with an emphasis on lightening your load. This class will help you make the most of your next wilderness adventure.
4. **CANNING FISH AND MEAT** ~ Learn to can fish and meat using recyclable canning jars and a pressure cooker. An excellent and delicious way to preserve your catch.
5. **CHAINSAW** ~ Learn about the gear and techniques needed to safely handle a chainsaw. A hands-on practical experience cutting up logs, and advice regarding purchasing a saw. All gear supplied. Wear boots and dress for the outdoors.
6. **CRABBING** ~ Learn the basics of crabbing — where to set, how to set, bait, and how to handle and clean crabs (Dungeness). All materials (and PFD) supplied, wear boots and dress appropriately for the weather. Sport fishing license required and can be purchased online at www.adfg.alaska.gov.
7. **DEER FIELD DRESSING** ~ How to field dress a deer. A hands-on experience with a real deer, gutting, skinning and cutting the meat. All materials supplied, but wear appropriate clothing (rain gear is good).
8. **DEER MEAT PROCESSING** ~ The next step beyond field dressing; learn the cuts of meat, assess the condition, then cut meat into steaks, roasts or prepare it to be ground; using a meat grinder to create burger, then wrap meat so it can be frozen and kept. A hands-on class- all materials supplied, but dress appropriately.
9. **DEER HUNTING SKILLS** ~ How do deer think, where do they live, what do they eat, what signs do they leave and how do you find them? How do you call a deer in? What does a deer hunter need to take in the field? Not an actual hunting trip, but an overview of deer hunting skills, regulations and gear. Will be outdoors, dress appropriately.
10. **DUTCH OVEN GOURMET** ~ Learn to cook using a Dutch oven. How to prepare coals for cooking, and use practical recipes for camping and boating tips. Recipes and samples will be shared.
11. **FIREARM SAFETY & HANDLING** ~ Guns demystified. How they work, how to be safe around guns, the basics of rifles, pistols and shotguns. **This is the required prerequisite for Shotgun & Rifle Markswoman.** If you have taken Hunter Education recently from ADF&G in Juneau, a copy of a hunter education certificate may be obtained from: gail.volt@alaska.gov (907) 267-2187.

12. **FISH FILLET & GOURMET** ~ Learn to clean, fillet, and cook your catch. Recipes and samples will be shared. Salmon and materials supplied.
13. **FLY FISHING** ~ Learn the basics of fly fishing – casting, selecting flies, knots and gear, and hopefully hooking, reeling in and landing fish (if they are biting). A hands-on class fishing in Cowee Creek or off the beach, wear waterproof boots and appropriate outdoor clothes, all materials supplied. Sport fishing license required and can be purchased online at www.adfg.alaska.gov.
14. **FLY TYING** ~ Creating a fly that will lure a fish is part science, part art. You will tie flies to entice your favorite sport fish! Our BOW instructors will get you started and you will go home with a pocket full of fishing potential.
15. **GPS** ~ Learn the basics of Global Positioning Systems (GPS) and how they could be useful to you! Learn the terminology and functions, then off to do some hiking to get practical hands-on experience on a GPS treasure hunt –“Geo-caching.” Outdoor activity, dress appropriately.
16. **HIKING JUNEAU TRAILS** ~ An overview of day hiking in general and Juneau trails specifically. What to take, where to go, how to stay safe and have fun. How to rent the Juneau area cabins available through the Forest Service and State Parks, and what to expect and take on an overnight cabin trip. A Juneau trails map is provided to each participant. We'll also take a short to moderate hike in Cowee Meadows. Appropriate footwear, such as hiking boots or shoes with ankle support is encouraged.
17. **HORSEBACK RIDING** ~ Learn about gear and tack, riding techniques, and the basics of saddling, bridling and riding a horse safely with the Echo Ranch Wranglers and horses. (\$35 additional Ranch fee)
18. **KAYAKING** ~ Basics of kayaking safely, getting in and out, paddling and steering techniques, gear, tides and navigation. A hands-on experience in Berners Bay. All materials supplied, wear waterproof boots and dress for weather. (\$25 additional fee)
19. **MAP & COMPASS** ~ A map and compass can keep you from getting lost, if you know how to use it. Learn to read a map and compass, plot a course and follow it. Time is spent indoors and outdoors. Dress appropriately. Materials supplied, but bring your smart phone if it has a compass.
20. **RIFLE MARKSWOMAN** ~ The fundamentals of rifle shooting using .22 caliber rifles at an outdoor range. All materials supplied. *Prerequisites: Firearm safety or valid Hunter Education, NRA or 4H Firearm Safety Certificate. Physical Requirements: Ability to hold a rifle and withstand minimal recoil.*
21. **SALMON SMOKING, PICKLING & GRAVLOX** ~ You will filet and cure salmon for smoking, pickling and making gravlox. Three delicious and wonderful ways to preserve salmon to enjoy year-round.
22. **SHOTGUN** ~ Shotgun basics and shooting trap (flying clay discs) at an outdoor range, using 12-gauge shotguns with light loads. All materials supplied. *Prerequisites: Firearm safety or valid Hunter Education, NRA or 4H Firearm Safety Certificate. Physical Requirement: Ability to hold a shotgun and withstand minimal recoil.*
23. **SMALL GAME FIELD DRESSING** ~ Learn the basics to becoming a successful grouse and ptarmigan hunter. Then, get comfortable dressing actual birds and learn how to preserve the

best parts. Class will also cover how to dress hares. All materials supplied, but participants should come dressed appropriately.

24. **SPIN CAST FISHING** ~ How to catch fish using spin casting gear, the most popular method for catching trout and salmon from shore. Basics of casting, using lures and fishing gear, simple knots, and hopefully hooking, reeling in and landing fish (if they are biting). A hands-on class fishing in Cowee Creek or off the beach, wear water proof boots and appropriate clothes for the weather. All fishing gear will be supplied. Sport fishing license required and can be purchased online at www.adfg.alaska.gov.
25. **SURVIVAL** ~ Be comfortable and confident when venturing out in Southeast Alaska. Learn what to put in your survival kit and how to use it. Learn survival skills — how to make a shelter, fire, keep safe if lost, signal for help and how to keep the right attitude in a survival situation. Outdoors and hands-on.
26. **WILD EDIBLES** ~ We are surrounded by a variety of wild edible plants, berries, herbs, mushrooms and intertidal treats. Learn what is available in the spring and how to identify these local delicacies. Wear boots, this is outdoors and hands-on.